

Speedo Boys & Girls Clubs



National Championships

2010 SPEEDO BOYS & GIRLS CLUBS NATIONAL SWIMMING CHAMPIONSHIPS

Sponsored by the Carrollwood Village Swim Team &
The Boys & Girls Clubs of Tampa Bay

April 9-11, 2010

A USA Swimming Approved Meet through the Florida Swimming LSC # A-5079

CONDITION OF APPROVAL The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

TYPE OF MEET Twenty-five (25) yard course

All Relays, 8&U events, 1650 Free, and Thursday events are timed finals.

All Saturday and Sunday events for 10&U will be swum as prelims and finals. (No consolation finals)

All Saturday and Sunday events for 11-12 and older will be swum as prelims, consolation finals, and finals. Finals will be run before consolation finals in each event.

The meet will be run in two courses if necessary, and relays will begin on each course without delay as listed on the attached order of events.

Events of 200 yards or greater have qualifying times as noted in the order of events. Swimmers not having achieved the qualifying time in an event before the meet will not be allowed to swim in that event. If a swimmer does not meet the qualifying time for an event swum at the meet, proof of the previously swum qualifying time may be required after the swim and a fine of \$15.00 will be imposed if proof is not given. This fine must be paid to the Clerk of Course prior to that swimmer is permitted to



compete in any further competition. If it is the swimmer's last event of the meet, the team must pay the fine before being permitted to enter any future Boys & Girls Club National Championship Meets.

DATE AND TIME

Friday April 9 - Timed finals start at 5 PM.
Saturday April 10, and Sunday April 11 - Prelims start at 9:00 AM each day. Finals start at 5 PM.

LOCATION

North Shore Pool, 901 North Shore Drive, St. Petersburg, Florida 33701.
(727) 821-2918

POOL SPECS

Certified outdoor 22-lane facility. The meet may be run in two courses. Finals will be in one 8-lane course. The water depth at the competition starting end is a minimum of 4 feet.

TIMING EQUIPMENT

Automatic Timing System plus computer scoring

WARM-UP

Continuous warm-up/down will be provided.
Competition Pool Warm-up:
Friday: 3:30 PM - 4:50 PM
Saturday & Sunday: Prelims 7:30-8:50AM, Finals 3:30-4:50 PM

WARM-UP PROCEDURE

Coaches will run warm-ups in accord with USA Swimming rules. No equipment is permitted during warm-up. Entry to the pool must be executed feet first, with one hand on deck, except when executing coach supervised racing starts. There will be assigned lanes for warm-up based on team entries, and lane assignments will be posted on the meets web page on CVST.org and at the meet.

ELIGIBILITY

Open to Boys & Girls Club members only. The meet will be limited to the first 700 swimmers, and will be closed with the receipt of the teams' entry that puts the meet entries at or over 700. Late entry packets may not be admitted to the meet. This is a USA Swimming "approved" meet, where non-USA Swimming registered swimmers may enter. USA Swimming rules apply to all swimmers, and the times achieved by USA Swimming registered swimmers are recognized. In events with qualifying times, the swimmer may only swim if he/she achieved the qualifying time or better before the meet. Each team must prove their affiliation with a B/G Club on or before January 1, 2009.

Each USA Swimming team must submit a Master Entry form verifying certified teams & coaches. No swimmer will be allowed to participate without being duly entered on the appropriate entry form submitted at the time of entry.

SEEDING

Twenty-five yard times will be used for seeding purposes.

ENTRY LIMIT

Each swimmer may enter and swim a maximum of three (3) events per day, plus relays. Individuals over-entered will be considered entered in the first three events of that day. Each team may enter a maximum of three relays per relay event.

ENTRY FORMS

Entries **MUST** be submitted on the enclosed entry form, which also serves as proof of entry. Current USA Swimming numbers **MUST BE LISTED** for USA Swimming registered swimmers. Those swimmers who are not USA Swimming registered must be designated as such. All swimmers must have an age noted and either a USA Swimming number or birth date indicated. The Executive Director of each Boys and



Girls Club must sign this form indicating that all swimmers are Boys & Girls Club members. For USA Swimming Clubs, A non-athlete member of USA Swimming must sign the forms. **NOTE:** USA Swimming SDIF or Hy-Tek CL2 Disks will be accepted with a printed hard copy in place of the individual entry sheets. The Master Entry Sheet is still required. **Teams not using a Hy-Tek .cl2 file and Hy-Tek Meet Entries Report will be charged a \$50.00 Team Entry Fee.**

ENTRY FEE

\$10.00 per swimmer facility charge
 \$ 5.00 per individual event
 \$10.00 per relay
 \$15.00 per deck entry
 \$50.00 team entry fee if not using SDIF or CL2 files for entry.

SCRATCHES

Preliminaries and Timed Finals: No penalty for scratching.

500, 1650 Free & 400 IM: Any swimmer entered in the any of these events, and who has checked in for that event, must swim. Failure to do so will result in being barred from the next individual event that he/she is entered. The deadlines for positive check in for these events are listed in the Order of Events.

Finals and Consolation Finals: Any swimmer who competes in a preliminary heat and qualifies for a final or consolation final (Top 16 swimmers only), and fails to notify the Clerk of Course that they will scratch, within 30 minutes of his/her last individual preliminary event of the day, and fails to swim that event, will be barred from the next individual event in which the swimmer is scheduled to swim.

The only exception will be that, in the case of injury or illness, and upon certification of such by the meet referee, no penalty will be declared

ALTERNATES

Alternates wishing to swim in an open lane in the consolation finals of any event, or the finals of 10-Under events, must report to the Starter and be standing, ready to step on the blocks, at the starters stand by the start of the race. No swimmers will be called from the stands to swim.

DECK ENTRIES

Deck entries will be accepted by the Administrative Referee in timed finals or prelim events, including relays, provided that no new heats are created, that the swimmer does not exceed the permitted number of events, and that the swimmer must meet the same qualifications as the other swimmers in the meet. A swimmer may not scratch or fail to appear in an event in order to deck enter another event. The fee will be \$15.00 per event plus the \$10.00 Facility Fee if applicable, payable immediately. Any deck-seeded entries must be approved by the Administrative Referee a minimum of 30 minutes before the start of the session the event will be swum in.

ENTRY DEADLINE

Entries, fees and all forms must be received by 6:00 PM Thursday, March 11, 2010. Please mail via Express Mail or other rapid mail service. Faxed entries are not acceptable. E-mail entries will be accepted at Jim@CVST.org, as long as the entry fees are received by the posted entry deadline. Teams will be accepted in the order received. Make checks payable to CVST.

AWARDS

Individual Events: 1st-16th Special Awards
 Relays 1st-8th Special Awards
 Team: 1st-6th Team Awards
 High Point 1st-3rd in each age group



Special Team Spirit Award (Host Club ineligible for Spirit/Sportsmanship Award)

SCORING

Individual finals: consolation finals and timed finals: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Relays score double. Events 79-82 will be swum combined as described in the order of events, but scored as 13-14 and senior by gender.

RULES

Current USA Swimming rules will govern the meet.

TEAM REP.

Prior to the start of the meet, each team may give the name of one other person other than the coach to the Meet Referee. The Meet Referee will recognize only the coach and the person so designated as the representatives of the team.

TIMERS

Each team is required to provide timers during the meet, Assignments will be on the Meet Web page on www.CVST.org once all entries are received.

OFFICIALS

Meet Referee – Tom Nelson
Administrative Referee – Rick Sheridan
Head Starter – John Volz
Head Stroke & Turn – Bob Griffiths
Head Meet Marshall - Carol Lynch
Meet Directors - Jill Cappadoro & Gordon Prima

SUBMIT ENTRIES TO

Carrollwood Village Swim Team
2010 Speedo Boys & Girls Club
National Swimming Championships
13985 Clubhouse Drive
Tampa, Florida 33618
Jim@CVST.org

We would suggest you send entries Express Mail or "return receipt requested" and submit a self-addressed postcard so that your entries may be verified.

MORE INFO

Gordon Prima - 813-264-6171
Jill Cappadoro - 813-931-0750
Carrollwood Swimming – Info@CVST.org

MEET WEB INFO

www.CVST.org



2010 SPEEDO BOYS & GIRLS CLUBS NATIONAL SWIMMING CHAMPIONSHIPS

Sponsored by the Carrollwood Village Swim Team &
The Boys & Girls Clubs of Tampa Bay

April 9-11, 2010

ORDER OF EVENTS

FRIDAY APRIL 9, 2009 WARM-UP 3:30-4:50 PM

TIMED FINALS 5:00 PM

Qualifying Times

			<u>Girls</u>	<u>Boys</u>
1-2	8&U	100 IM*		
3-4	10&U	200 IM*	3:42.69	3:40.89
5-6	11-12	200 IM*	3:05.99	3:04.39
7-8	13-14	400 IM*, #	6:13.89	5:53.39
9-10	SENIOR	400 IM*, #	6:06.49	5:37.29
11-12	8&U	100 FREE*		
13-14	10&U	500 FREE*, #	8:30.49	8:25.29
15-16	11-12	500 FREE*, #	7:10.79	7:06.99
17-18	13-14	500 FREE*, #	6:51.79	6:36.79
19-20	SENIOR	500 FREE*, #	6:48.29	6:19.49

* Timed Final Events

These will be a deck-seeded events; positive check in is required in order to be seeded. The positive check in deadline for the 500 Free and 400 IM is 4:30pm. Any swimmer entered in events 7-10 and 13-20 who fails to check in but desires to swim may do so if there is an open lane, however no new heats will be created. Events 7-10, 13-16, and 17-20 will be swum combined. Heats will be seeded by entry times, regardless of gender. Heats will be swum fastest to slowest.

SATURDAY APRIL 10, 2010 WARM-UP 7:30-8:50 AM

PRELIMS 9:00 AM

			<u>Girls</u>	<u>Boys</u>
21-22	8&U	50 FREE*		
23-24	10&U	200 FREE	3:20.19	3:09.89
25-26	11-12	200 FREE	2:43.49	2:39.69
27-28	13-14	200 FREE	2:36.59	2:27.19
29-30	SENIOR	200 FREE	2:34.59	2:20.89
31-32	8&U	25 BREAST*		
33-34	10&U	50 BREAST		
35-36	11-12	50 BREAST		
37-38	13-14	100 BREAST		



SATURDAY APRIL 10, 2010 CONTINUED

			<u>Qualifying Times</u>	
			<u>Girls</u>	<u>Boys</u>
39-40	SENIOR	100 BREAST		
41-42	8&U	50 BACK*		
43-44	10&U	100 BACK		
45-46	11-12	100 BACK		
47-48	13-14	200 BACK	2:54.59	2:42.99
49-50	SENIOR	200 BACK	2:51.89	2:35.89
51-52	10&U	50 FREE		
53-54	11-12	50 FREE		
55-56	13-14	50 FREE		
57-58	SENIOR	50 FREE		
59-60	8&U	50 FLY*		
61-62	10&U	100 FLY		
63-64	11-12	100 FLY		
65-66	13-14	200 FLY	2:53.39	2:45.99
67-68	SENIOR	200 FLY	2:51.79	2:36.99
69-70	8&U	100 FREE RELAY*		
71-72	10&U	200 FREE RELAY*		
73-74	11-12	200 FREE RELAY*		
75-76	13-14	200 FREE RELAY*		
77-78	SENIOR	200 FREE RELAY*		
79-80	13-14	1650 FREE*, #	23:34.19	22:55.99
81-82	SENIOR	1650 FREE*, #	23:18.79	21:55.19

* Timed Final events, to be swum during prelims.

There will be a 10-minute break before the 1650's. All 1650's will be swum in the course where the 13-14 and seniors will swim. That course may end before the course for the younger swimmers. **Do not enter younger swimmers unless you are willing to risk the swimmer being called to swim at both ends at the same time.** The Meet Referee may move heats to the other course when it finishes. These will be a deck-seeded events; positive check in is required in order to be seeded. The positive Check in deadline for the 1650 Free is 10:00am. Any swimmer entered in events 79-82 who fails to check in but desires to swim may do so if there is an open lane, however no new heats will be created. Events 79-82 will be swum combined. Heats will be seeded by entry times, regardless of gender, with a maximum of 32 swimmers allowed. Heats will be swum fastest to slowest.

SUNDAY APRIL 11, 2010**WARM-UP 7:30-8:50 AM****PRELIMS 9:00 AM**

			<u>Qualifying Times</u>	
			<u>Girls</u>	<u>Boys</u>
83-84	8&U	50 BREAST*		
85-86	10&U	100 BREAST		
87-88	11-12	100 BREAST		
89-90	13-14	200 BREAST	3:15.99	3:02.49
91-92	SENIOR	200 BREAST	3:12.79	2:55.19



SUNDAY APRIL 11, 2010 CONTINUED

			<u>Girls</u>	<u>Qualifying Times</u>	<u>Boys</u>
93-94	8&U	25 BACK*			
95-96	10&U	50 BACK			
97-98	11-12	50 BACK			
99-100	13-14	100 BACK			
101-102	SENIOR	100 BACK			
103-104	10&U	100 IM			
105-106	11-12	100 IM			
107-108	13-14	200 IM	2:56.79		2:46.19
109-110	SENIOR	200 IM	2:54.09		2:38.99
111-112	8&U	25 FREE*			
113-114	10&U	100 FREE			
115-116	11-12	100 FREE			
117-118	13-14	100 FREE			
119-120	SENIOR	100 FREE			
121-122	8&U	25 FLY*			
123-124	10&U	50 FLY			
125-126	11-12	50 FLY			
127-128	13-14	100 FLY			
129-130	SENIOR	100 FLY			
131-132	8&U	100 MEDLEY RELAY *			
133-134	10&U	200 MEDLEY RELAY *			
135-136	11-12	200 MEDLEY RELAY *			
137-138	13-14	200 MEDLEY RELAY *			
139-140	SENIOR	200 MEDLEY RELAY *			

* Timed Final events, to be swum during prelims



Speedo Boys and Girls Clubs National Swimming Championships

Code of Conduct

Introduction:

This event is held under the joint auspices of the Boys and Girls Clubs of America and USA Swimming. The participants, officials, coaches and parents attending are expected to conduct themselves within the rules and expectations of these two organizations. Below we will outline the guidelines that must be adhered to at this event. This is not meant to be an exhaustive list, but a description of the general behaviors expected.

Expectations:

The Boys & Girls Clubs enforce the following four codes of conduct:

- ❑ Respect for all persons and property.
- ❑ Respect for facilities and equipment.
- ❑ Respect for all staff, volunteers, and officials.
- ❑ The following are strictly prohibited:
 - Cursing, swearing, racial remarks or any other form of verbal abuse.
 - Fighting or any other form of physical abuse.
 - Use or possession of controlled substances, weapons, and intoxicants.
 - Smoking, chewing, or any other use of tobacco products.
 - Music containing inappropriate or suggestive language.

USA Swimming has the following among its rules:

304.3.12 It is a violation of the USA Swimming Code of Conduct if there is any non-consensual physical contact, obscene language or gesture, or other threatening language or conduct directed towards any meet official and which is related to any decision made by such official in connection with a USA Swimming competition.

304.2.15 Any other act, conduct or omission which is detrimental to the image or reputation of USA Swimming or the sport of swimming.

Authority

The Meet Referee has the authority to enforce the above, as stated by rules of USA Swimming as follows

102.13.1 The Referee shall have full authority over all officials...shall enforce all applicable rules and shall decide all questions relating to the actual conduct of the meet, the final settlement of which is not otherwise assigned by said rules...shall also disqualify a swimmer for any violation of the rules...

In addition, Florida Swimming, who approves this meet, has the following rule:

239.2 Any individual (parent, coach, swimmer, official, or spectator) displaying unsportsmanlike conduct will first be warned to cease such conduct and if the behavior continues the Referee or meet management will eject the individual from the pool deck.

Let's have respect for others so that all of us will have a great meet!



2010 Speedo Boys and Girls Club National Swimming Championships

Critical Information

1. Coaches: **Please** print legibly on the entry forms! Hytek entries submitted on disk are requested. Remember to observe the entry limits (3 events/day) and remember that swimmers who do not meet the qualifying time for events 200 yards and over cannot swim in those events, if swum and the qualifying time is not achieved in the meet, a fine may be levied, please see meet information letter for more information on this penalty.
2. As you know, the location of the meet this year will be the Northshore Pool. The pool has a large bleacher area for spectators, although it will not hold all spectators. This is the best area for spectator viewing of the meet. **Only swimmers, coaches, volunteer meet workers, and officials will be allowed on deck in areas other than those designated for spectators.**
3. **PARKING**—All parking will be in the lots to the north and south sides of the pool. No parking is allowed in the grass or on sidewalks.
4. Please note the **REQUIREMENT** for each team to **provide timers**. Your Team's lane assignments will be posted on the Meet Web page. This has worked well the past several years, and your continued cooperation in this regard will make the meet go smoothly. Thanks in advance.
5. USA Swimming teams—**WE NEED YOUR HELP WITH OFFICIALS FOR THE MEET**. If your team has officials, PLEASE ask them to come to the meet and help out. Any help we can get is greatly appreciated. Please e-mail (Info@CVST.org) us a list of USA Swimming Certified Officials that will be able to work the meet.
6. As you should know this meet is run as a USA Swimming Approved meet, which means that both USA Swimming and non USA Swimming swimmers compete. Times earned by USA swimmers are approved and accepted as official.
7. The pool rules **preclude the use of any body paint** by anyone entering the pool.

If you have any questions, please contact Gordon Prima - 813-264-6171, Jill Cappadoro - 813-931-0750 or Carrollwood Swimming at Info@CVST.org.



2010 Speedo Boys and Girls Club National Swimming Championships

Hosted by Carrollwood Village Swim Team

Entry Fees Worksheet

Total Girls Individual Events	_____ x	\$5.00	= \$ _____
Total Boys Individual Events	_____ x	\$5.00	= \$ _____
Total Girls Relays	_____ x	\$10.00	= \$ _____
Total Boys Relays	_____ x	\$10.00	= \$ _____
Total Swimmers (Facility Fee)	_____ x	\$10.00	= \$ _____
Team Entry Fee (Paper Entry Only)		\$50.00	= \$ _____
Total Amount Due			\$ _____

Check should be made payable to CVST.

Entry deadline is 6:00pm, Thursday, March 11, 2010. It is highly recommended that you use an overnight service for mailing entries with a "Return Receipt" requested. Fax or E-mail entries will not be accepted.

This form must be included with your entries and/or payment.



MASTER ENTRY FORM

NOTE: COMPLETE THIS FORM ONLY IF YOUR TEAM IS A REGISTERED USA SWIMMING TEAM!!

NAME OF MEET **2010 Speedo Boys and Girls Clubs National Swimming Championship**
COURSE **25 Yards**
DATE OF MEET **April 9-11 2010**

TEAM NAME _____ CALL LETTERS _____

ADDRESS _____

HEAD COACH _____ LSC _____

HOME PHONE (_____) _____ OFFICE PHONE (_____) _____

SWIMMER/COACH REGISTRATION

I certify that all individuals listed on the attached entry forms are currently registered members of United States Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on deck, supervising the activities of these individuals during all warm up and competitive sessions at the meet.

NAME OF COACHES

I certify that the individuals listed above are currently registered USA Swimming Coach Members, and that I am a current USA Swimming registered Non-athlete member.

 Signature

 Date

Entries must be received by Thursday, March 11, 2010, 6:00pm

Mail to: Carrollwood Village Swim Team
 2010 Speedo Boys & Girls Club
 National Swimming Championships
 13985 Clubhouse Drive
 Tampa, Florida 33618

NOTE: COMPLETE THIS FORM ONLY IF YOUR TEAM IS A REGISTERED USA SWIMMING TEAM!!



2010 Speedo Boys and Girls Club National Swimming Championships

Team Information and Fact Sheet

The following information will help us in running the meet. Please fill it out carefully, and **return the form with your entry.**

Team Name _____ # of Swimmers at the meet _____

of Coaches at the meet _____ # of Parents/Spectators at the meet _____

Boys and Girls Club Affiliation _____ Home town _____

Head Coach _____ Years attending this meet _____

Name of person to call regarding entries _____

Mailing Address _____

Phone Numbers of above Day _____ Evening _____

Fax _____ E-mail _____ @ _____

Mobile _____

Contact Number while in Tampa Bay Area _____

Hotel where team will be staying in St. Petersburg _____

Phone of Hotel _____ # of Rooms Occupied by Team _____

of Hotel Room Nights used by Team _____

Arrival Date _____ Departure Date _____

Means of Travel _____

Other accomplishments or facts of interest of swimmers or team:



***2010 Speedo Boys and Girls Club
National Swimming Championships***

Team Liability Release Form

I, _____, representing

_____ Agree to indemnify and
save harmless Speedo, The Boys and Girls Clubs of Tampa Bay Inc., the Carrollwood
Village Swim Team, and the City of St. Petersburg against any and all claims by or on
behalf of any person or legal entity arising from the use of the premises and from all
costs, attorney's fees, expenses, and liabilities incurred in or about any claim or
proceeding brought therein.

Coach's Signature

Date



2010 Speedo Boys and Girls Club National Swimming Championships

Meet Entry Checklist

Check that your entry for the 2010 Speedo Boys & Girls Club National Swimming Championships includes the following:

- ❑ **The Meet Entry Forms**, with all USA Swimming numbers or Date of Births filled out. **Be careful not to over enter your swimmers, and observe the qualifying times.** Your B & G Club Executive Director must sign this form, or must sign a separate team roster.
- ❑ **The Master Entry Form.** Fill out this form only if you are a registered USA Swimming club
- ❑ **The Team Release Form**
- ❑ **The Team Information and Fact Sheet**—we must have this form to be able to get in touch with you before and during the meet.
- ❑ **A check** made payable to **CVST**.
- ❑ **Send E-mail to CVSwimTeam@aol.com** with list of Officials able to work the meet.

If you have any questions, please contact Gordon Prima - 813-264-6171, Jill Cappadoro - 813-931-0750 or Carrollwood Swimming at Info@CVST.org. We are looking forward to another GREAT MEET! Thank you for supporting the 2010 Speedo Boys & Girls Club National Championships! See you in April!!

